



# Run 4 Life 4 Miler

**Date & Time** Saturday,  
May 11, 2019  
Time: 7:00 AM Start  
Distance: 4 miles

**Location:**  
Florida United Methodist Children's Home  
Campground Entrance  
51 Children's Way  
Deltona, FL 32725

## Packet Pick-Up

Pre race pick up of race number and t-shirt at D2 Cycling located at 778 Monroe Road, Sanford, FL 32771. Friday May 10th from 3pm to 7pm. Packets will also be available on race day.

## Awards and Timing

Awards will be given to the Top 10 male and female finishers only. However ALL participants will have a timing chip on their bib to receive a finishing time in overall results.

## Finisher's Medals

All participants that finish the race will receive a special finishers medal!

## Restrictions

For safety reasons in-line skates, skateboards, and dogs will not be allowed on the race course. Headphones are discouraged. Baby joggers/strollers are welcome to participate, but must start at the back of the starting corral.

## Registration

For easy online registration visit [www.runnershighracing.com](http://www.runnershighracing.com), online registration open through midnight, May 9th, 2019. Processing fee does apply.

## Entry Fees:

(all entry fees are non-refundable/ non transferable) \$30 through March 31st  
\$35 April 1 through May 10th  
\$40 Day of Race (cash or check only)

## Fund a Runner:

Please consider a \$30 donation to fund a runner. This will create an entry for a community youth that would not otherwise be able to participate.

## T-Shirts and personalized bibs:

All participants that register by April 20 will receive a personalized bib number with your name, and shirt. T-shirt sizes are not guaranteed after April 20th.

Mail in completed entry form to Runner's High Timing and Race Management at:  
1430 Arrowhead Trail  
Enterprise, FL 32725  
**Make all checks payable to:**  
**Run 4 Life**



[Run4LifeFlorida.org](http://Run4LifeFlorida.org)

[RunnersHighRacing.com](http://RunnersHighRacing.com)

**Run 4 Life**  
May 11, 2019

**Fund a Runner \$30**  
(please leave name  
blank on form)

**Virtual Runner**

\$30 through March 31  
\$35 April 1 through May 10  
\$40 Day of Registration (cash or check only)

OFFICIAL USE ONLY

Team Registration (top 3 largest teams receive an award)

Last Name

First Name

Date of Birth (mm/dd/yy)

Age

Address (street)

Apt/Suite #

Male Female

Shirt Size

City

State

Zip Code

Method of Payment

Cash Check

Amount Enclosed

Phone

Email Address

**TEAM NAME:** The Florida Conference of the UMC

**Mail completed entry form to:** Runner's High Timing and Race Management, 1430 Arrowhead Trail, Enterprise, FL 32725

**All Checks Payable to: Run 4 Life**

**INCOMPLETE OR UNSIGNED ENTRY FORMS WILL NOT BE ACCEPTED.** By indicating your acceptance, you understand, agree, warrant and covenant as follows: As a condition of my entry being accepted I intend to be legally bound and do hereby for myself, my heirs, and executors, waive and release all rights and claims for damages which may hereafter occur to me against Runner's High Timing and Race Management LLC., Run 4 Life, USA Track and Field, Road Runner's Club of America, Volusia County, Event organizers, Event Beneficiaries and their agents, representatives, successors, assignees, and sponsors from any and all claims or liability of any kind that may arise from my participation in the this 5K event, even though that liability may arise out of negligence or carelessness on the part of the releasees. If I should suffer injury or illness, I authorize the officials of the event to use their discretion to have me transported to a medical facility and I take full responsibility for this action. I attest that I am physically fit and hereby grant full permission to any and all of the foregoing to use photographs, video tape, motions pictures, recordings, or any other record of this event, with my likeness for any purpose whatsoever. I also understand that by registering for this event I opt in to receive notification about future events via the information I provide. I AM OF LEGAL AGE AND I HAVE READ AND UNDERSTAND THE ABOVE RELEASE AND UNDERSTAND THAT I AM ENTERING THIS EVENT AT MY OWN RISK.

Signature Required

Parent or Guardian Signature required if under 18 years of age