



The Florida Conference OF THE UNITED METHODIST CHURCH

Clergy Care Options Are Coming to You!

Dear Clergy Colleague,

These are hard times for all of us. As a clergyperson, you may be feeling particularly stressed. Reinventing yourself as an online preacher or chaplain is not easy. Our churches' financial challenges are more difficult than ever these days. And, recognizing both the pain of racial oppression as well as the social changes that we are called to lead can be overwhelming. You are not alone.

We are here to help. We are your Clergy Care Team, a group of your clergy colleagues who bring a variety of backgrounds and skills to help you navigate these difficult waters. Bishop Carter has charged us with providing you with gateways to the resources which could help you feel whole again. Here are examples of resources we are compiling for you to explore:

- Health and wellness care
- Spiritual guidance
- Emotional and mental health counseling
- Financial guidance
- Addiction care
- Holistic self-care resources

Our goal is to resource and empower you to prioritize your own well-being and growth so that you can do more than survive the current challenges—you can thrive!

In the next couple of weeks, you will receive an email describing specific information about our programs, and how to access them. Be looking for it. We care about you as a pastor AND as a person.

Serving the Lord with you,
Your Florida Conference Clergy Care Team