



Odessa Chambliss Wellness Center



Bethune-Cookman University School of Nursing

## Wellness Carnival

June 10<sup>th</sup> 2009

From 2:30-4:00pm, 4:30-6:00pm, 7:00-9:00pm

Location: School of Nursing Rm. 154,155,160

June 11<sup>th</sup> 2009

From 10:30-2:30

Location: Odessa Chambliss Wellness Center

- Diabetes Risk Assessment
- Stroke Risk Assessment
- Blood Pressures
- Height, Weight, & BMI's
- Stress Reduction Exercises
- Wellness Education

